

# PARADE

## Live Longer, Better, Wiser™

(This year's indispensable guide for every one of us.)

Let Romance Keep You Young  
By Dr. Joyce Brothers

Are You An "EngAger"?

HOW TO FEED



### BAZAAR

FOR BETTER

### LIVING

A Guide To Goods & Services

#### Shake, Rattle or Roll

On the trail, at the beach or in your own backyard, L.L. Bean's Ice Cream Ball makes a pint of soft-serve in 20 minutes. Add rock salt and ice in one end, ingredients in the other. Then shake, pass or roll. Recipes included. Parental supervision required. Five colors, each \$29 from [llbean.com](http://llbean.com) or 1-800-809-7057.

